

APPENDIX F

DRESS CODE AND BUSINESS ATTIRE

HOSA members should follow the event guidelines in determining appropriate competitive event attire. Competitors (teams) who are appropriately dressed will earn bonus points for proper dress.

For all competitive events, five (5) bonus points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.

- At the NLC, dress bonus points are awarded unless a dress code violation is agreed upon by the Event Manager and a member of the National HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form, and signed by a member of the CE Program staff.
- Judges are NOT responsible for the dress code. Dress code points are awarded by competitive event personnel.
- School tags, state badges or ID's must be removed or completely covered during competition.
- When in doubt, personnel should award dress points. Competitors with blue hair, large earrings, sleeveless blouses, and colorful clothing may still be dressed professionally.
- Bonus points are not awarded or deducted at event orientations unless the orientation includes competition. Competitors who are not properly dressed at orientation should be counseled to assure they understand the dress code for the event.

Proper Business Attire

- Females -- Business suit, tailored dress or blazer and skirt or slacks with tailored blouse
- Males -- Business suit or sport coat, vest, or sweater, and slacks with dress shirt and tie (optional)

No dress code can cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Here are a few more tips to help you understand Business Attire.

- No denim clothing or canvas shoes will be acceptable. Denim pants in colors other than blue are not permitted. Blue jean skirts and dresses are NOT acceptable.
- Dress pants are acceptable but "shorts", "capri pants" and other short pants are not acceptable.
- Casual tank or tube tops, t-shirts, sweat pants/shirts, or tennis shoes are never acceptable.
- Business-casual attire may include khaki pants and polo tops.
- Clothing that works well for the beach, yard work, dance clubs, exercise sessions, and sports contests is NOT appropriate.
- Clothing that reveals excessive cleavage, your back, your chest, your stomach or your underwear is not appropriate for HOSA delegates.
- Clothing should be pressed and never wrinkled. Torn, dirty, or frayed clothing is unacceptable. Any clothing that has words, terms, or pictures that may be offensive is unacceptable.
- Open-toed shoes and heeled sandals are permitted. Flip-flops are not.

Definition of Flip-Flops

Flip-flops and **thong sandals** are flat, backless, made of rubber or leather, plain or embellished with beads, etc., consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and second toes and around either side of the foot.

Clinical Uniform for Skill Events

For most skill events, scrubs and clinical shoes or white leather tennis shoes are acceptable clinical attire. Other dress may be appropriate to the occupational area and acceptable for HOSA competitive events. Shorts and flip-flops are not acceptable HOSA clinical attire. Scrubs can be of any color/design, with or without a HOSA emblem.